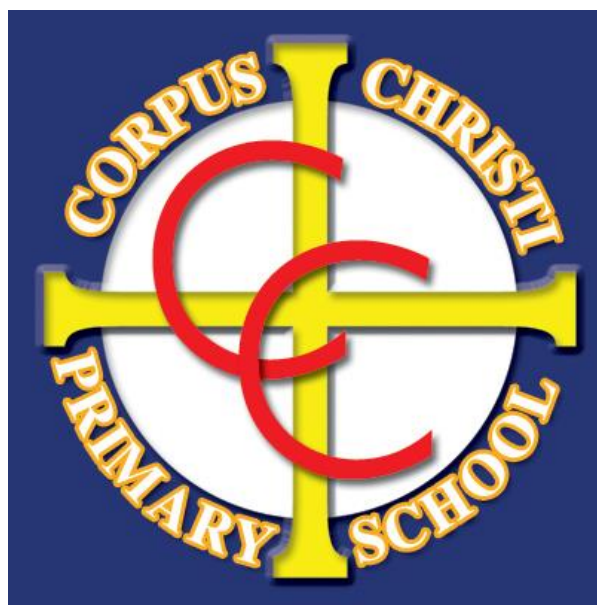


Corpus Christi Catholic Primary School

Relationship and Sex Education Policy



'There is outstanding practice to develop pupil's spiritual and moral development and guidance. Education for pastoral care and personal relationships has fostered positive attitudes in pupils.' Section 48 Inspection Report: June 2014

Designation	Name	Date Approved	Date of Renewal
Headteacher	Mrs Samantha Birchall	March 2019	March 2020
Chair of Governors	Mr John Williams	March 2019	March 2020

Monitoring and Review

This policy will be monitored annually by the Relationships and Sex Education Co-ordinator and will be reviewed annually by the Governing Body. Parents will be consulted before any proposed changes.





Rationale

'I have come that you might have life and have it to the full'

(Jn.10.10)

At Corpus Christi, we acknowledge that Personal, Social and Health Education (PSHE) and Citizenship, as well as Relationship and Sex Education (RSE), are all underpinned by a theology of relationship and are all encompassed in the title 'Relationships and Sex Education' (RSE).

Our belief in the unique dignity of the human person as made in the image and likeness of God underpins the approach to all education in our school. Our approach to relationship and sex education therefore is rooted in the Catholic Church's teaching of the human person and is presented positively and prudently.

Stemming from this vision of what it means to be human, we seek to educate the whole child: spiritually, intellectually, morally, emotionally, psychologically, and physically towards our understanding of Christian maturity.

Following guidance from our own Bishop and Diocese, the Conference of Bishops of England and Wales and as advocated by the DFE, all Relationship and Sex education in our school will be firmly embedded in the Religious Education framework as it is concerned primarily with nurturing the human wholeness of our pupils.

All Relationship and Sex Education will be in accordance with the Church's moral teaching. It will emphasise the importance of the Sacrament of marriage and the family whilst acknowledging that all pupils have a fundamental right to have their life respected whatever household they come from and support will be provided to help pupils deal with different sets of values.

Aims of Relationship and Sex Education (RSE)

- To encourage pupils' growth in self respect, acknowledging we are all created in the image and likeness of God
- To help pupils develop an understanding that love is the central basis of relationships
- To help pupils to understand the nature of relationships and to encourage them to reflect on their own relationships and respect differences between people.
- To develop pupils' confidence in talking, listening and thinking about feelings and relationships.
- To help pupils acquire the skills necessary to develop and sustain relationships
- To offer sex education in the wider context of relationships.

- To ensure that pupils protect themselves and ask for help and support when needed.
- To ensure that pupils are prepared for puberty.
- To help pupils to develop a healthier, safer lifestyle.
- To prepare pupils to play an active role as citizens and to understand the Catholic vision of what it means to be citizens of the Kingdom/reign of God.

Key members of staff

RSE Co-ordinator – Miss Alexandra Mowatt

PSHE Co-ordinator – Mrs Sarah Vogel

Science Co-ordinator – Mrs Alicia Battersby

Head Teacher – Mrs Samantha Birchall

RSE Lead Governor - Ms Melanie Lee

Delivery of Relationships and Sex Education

Relationships and Sex Education is taught through our lifestyle in school and through the subjects of Religious Education, Science, PSHE and by way of a cross-curricular, integrated approach as a fundamental part of the Catholic Life of the school.

All elements of PSHE and Citizenship, whilst non-statutory at Key Stage 1 and 2, are covered. Significant aspects of Relationship and Sex Education remain part of the National Curriculum for Science. These will be taught to all pupils. *(Parents are unable to withdraw pupils from such lessons.)*

Key Stage 1 (5-7)

- *That humans move, feed, grow, use their senses and reproduce;*
- *To name the main external parts of the body;*
- *That humans grow from babies into children and then into adults, and that adults can produce babies;*
- *To recognise similarities and differences between themselves and other pupils*

Key Stage 2 (7 – 11)

- *That the life processes common to humans and all animals include nutrition, growth and reproduction*
- *The main stages of the human life cycle.*

We acknowledge that every area of school life can potentially contribute to Relationships and Sex Education as the school, of its very nature operates through positive human relationships. We recognise, value and greatly appreciate the contribution made by all members of staff in deepening the quality of our Christian community.

Teachers will use their professional judgement when addressing issues in Relationships and Sex Education. Careful consideration will be given to the wide and varied experience and backgrounds of the pupils in their care.

While we operate a whole school approach to Relationship and Sex Education through our RSE Programme, pupils in Year 5 will learn about the emotional and the physical changes of puberty. For this particular part of the curriculum, children will be taught together. A similar approach will operate in Year 6 when pupils will cover the life cycle and sexual intercourse.

Corpus Christi use the scheme 'Journey in Love' to support the teaching of RSE. It has been approved by the Bishops of England and Wales and approved and recommended by the Christian Education Department of Liverpool Archdiocese. It teaches these main aims:

- our journey begins at the moment of our conception
- God is at the heart of love
- Puberty can be an extremely confusing time for children, our message will be that *even in this confusion*, God is there
- The sacrament of marriage publicly declares the commitment of each spouse to the other permanently and that it is a God-given gift.

The programme is made up of four areas:

- Physical
- Social
- Emotional
- Intellectual

Each of these areas is broken down in to the following:

- Activities
- Pause and reflect
- Prayer

The parental information sheet, detailing the aims for each year group, can be found in the appendix.

Resources

We acknowledge that parents and carers are the key persons for children learning about Relationships and Sex; the foremost educators. Our role and our programme simply complement their role in nurturing their children's human wholeness. However, the role of parents and our day to day interactions in school are currently supported by the use of the Journey in Love Scheme, No Outsiders in our School activities and the SEAL programme.

Assessment Recording and Reporting

A record is kept in teacher's planning of the delivery of Relationships and Sex Education. The programme is assessed, monitored and evaluated by the co-ordinator in accordance with the school's monitoring and evaluation policy. Pupils are given the opportunity for self evaluation at an appropriate level for each year group. Reporting is made in individual pupil's reports under 'General Development'.

Outside Agencies

The expertise of outside agencies may be used appropriately *to support* but not at the expense of the school's delivery. Visits by the school nurse may assist in some aspects of the curriculum, but the key aims are covered by the class teacher as this relationship with the children is important to us to ensure open and honest dialogue and the correct emphasis on church teaching in these sessions.

Curriculum Continuity

The RSE, PSHE and Science Co-ordinators work closely together to ensure the aims of the RSE curriculum are fully covered and consistent with church teaching. Relationships and Sex, RE, Collective Worship, Spiritual, Moral and PSHE policies complement each other as appropriate.

Safeguarding Procedures

The school has procedures to deal with any sensitive issues or children thought to be vulnerable. Staff will pass on any concerns of this nature to the designated child protection officer in school.

The Governing Body

The Governing body and Foundation Governors in particular recognise their responsibility to ensure the Relationships and Sex Education programme follows Diocesan principles and reflects the Church's teaching as outlined in "Leaning to Love" the Bishops of England and Wales document 2016.

The role of Parents

Reflecting the attitude of the Church, Corpus Christi recognises that it is the privilege and the responsibility of parents to educate and inform their children in all matters pertaining to personal growth and development particularly in the sensitive area of their moral education and sexual development. We also recognise that many parents require help and support in this task from both schools and parishes and we aim to do this through parents meetings and our open door policy.

The Governing body fully subscribes to the views expressed by the Bishops' Conference and will always ensure that:

- Parents are supported in their task.
- Parents are consulted and kept informed of the Relationships and Sex Education Programme; its contents, evaluation and review and any subsequent developments.

Right of Withdrawal

It is our hope that parents would wish their children to be involved in the schools positive and prudent programme of Relationship and Sex Education, following annual consultation regarding the school's approach. However, we recognise parents have the right to withdraw their children from such lessons (not included in National Curriculum Science) after discussion with the headteacher.

Appendix



Relationships and Sex Education at Corpus Christi

At Corpus Christi, we believe that parents are the prime educators of their children and we, as school, church and family work together to support you in educating your child. Our role is to support you, not replace you. Our key objective in all things, including RSE, is the well-being of the child.

RSE is the life long learning about physical, moral and emotional development. It covers all aspects of learning about relationships with people, including family and friends, and the importance of marriage for family life, stable and loving relationships, respect, love and care.

It is also about the teaching of sex, sexuality and sexual health.

RSE forms a part of PSHE, RE and Science curriculum. RSE plays a part in these subjects and they overlap to ensure the emotion, spiritual and biological aspects are taught together.

Journey in Love

Corpus Christi use the scheme 'Journey in Love' to support the teaching of RSE. It has been approved by the Bishops of England and Wales and approved and recommended by the Christian Education Department of Liverpool Archdiocese. It teaches these main aims:

- our journey begins at the moment of our conception
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The programme is made up of four areas:

- Physical
- Social
- Emotional
- Intellectual

Each of these areas is broken down in to the following:

- Activities
- Pause and reflect
- Prayer

Here you will find the main aims for each year group.

Nursery

Children begin to know and understand that they are part of the wonder of God's love and creation.

- Focus on different parts of their body and look at their own and each others features.
- Observe facial expressions
- Identify the signs of feeling happy and sad
- Look at the wonders of God's world through song

Reception

Children know and understand that God has made them unique and that although we are all different, we are all special to him.

- Discuss how we are different from one another
- Identify who they play with and what they enjoy doing
- Look at the different types of friends they have
- Describe how to be a good friend
- Recognise that Jesus is our friend

Year 1

Children know and understand that they are growing and developing as members of their own family and God's family.

- Talk about who is in their family
- Talk about how fast babies change and grow
- Look at happy and sad moment within a family
- How love is shown in a family
- Know that we are members of God's family

Year 2

Children know and understand that they are growing in a God-given community.

- What is community?
- Explore school as a community
- How we can contribute to the community
- As children of God, how we should help each other

Year 3

Children know and understand the virtues essential to friendship (loyalty, responsibility and experience) the importance both of forgiving and being forgiven and of celebrating God's forgiveness.

- Who cares for us at home, school, parish and community
- How we keep safe
- How we take care of others
- How we feel if friendships are not working
- How we can forgive and include others as Jesus did.

Year 4

Children know and understand that they are all different and celebrate these differences as they appreciate that God's love accepts us as we are and as we change.

- Recognise all pupils grown and develop at a different rate
- Identify the development of the baby in the womb
- Look at how pupils appreciate their own and others gifts, talents, achievements and all that makes us unique
- St Paul's teaching on love

Year 5

Children know and become aware of the physical and emotional changes that accompany puberty and that they grow further in their understanding of God's presence in their daily lives.

- Identify and celebrate the ways I have changed since birth
- Discuss the external and internal changes which happen to boys and girls in puberty
- Recognise behaviour changes as we grow up
- Identify the physical changes from child to adult means the ability to become a mother or father
- Reflect on ways to become more sensitive to the emotional development of oneself and of others

Year 6

Children develop, in an appropriate way for their age, an understanding of sexuality and grow further in their appreciation of their dignity and worth as children of God.

- Explain how human life is conceived
- Recognise male and female reproductive organs
- Know that sexual intercourse occurs between husband and wife
- Understand how a child grows within the mother's womb
- Understand that God causes new life to begin through the love that parents have for each other
- Celebrate God's creative love in creating us as his children

Parents have the right to withdraw their child from the RSE session.

If you have any further questions, please speak to your child's class teacher or Miss Mowatt, the RSE co-ordinator.

This scheme has been reviewed and approved by both the Governing Body and the Parish.